

CHAUTAUQUA COUNTY SENIOR NUTRITION PROGRAM

HEATABLE Meal for JUNE 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Pork 3 Green Beans Potato Salad Pudding	Seafood Salad 4 Croissant Pasta Salad Coleslaw Fruit	Hawaiian Chicken 5 with Pineapple Buttered Rice Peas Mandarin Orange	Hot Dog 6 Baked Beans Carrots Cookie Apple Juice	Meatloaf & Gravy 7 Mashed Potatoes Squash Medley Pound Cake
Ham Salad on 10 Shredded Lettuce Three Bean Salad Potato Salad Fruit Rye Bread	11 Vegetable Lasagna Spinach Grape Juice Pudding	12 Italian Sausage Italian Vegetables Macaroni Salad Hot Apple Slices	13 Chicken Cordon Bleu Mashed Potatoes Beets Muffin Loaf	14 Sloppy Joe Corn Potato Salad Applesauce
Ham Slice 17 Scalloped Potatoes Green Beans Easter Dessert	18 Pot Roast & Gravy Mashed Potatoes Carrots Fruited Gelatin	19 Cottage Cheese and Pineapple Sliced Peaches Muffin	20 Chicken Drumsticks Broccoli Potato Salad Cornbread Fruit	21 Spaghetti & Meatballs Tossed Salad Italian Bread 24-hr Fruit Dessert
24 Cheeseburger Calico Beans Carrots Fruit Punch Lorna Doones	25 Lettuce with Cherry Tomatoes Diced Ham & Turkey Hard Boiled Egg Pound Cake Juice	26 Chicken Fingers Zucchini & Tomatoes Coleslaw Biscuit	27 Pizza Italian Vegetables Grape Juice Fruit Crisp	28 Souper Chicken Mashed Potatoes Mixed Vegetables Cookies
July 1 Stuffed Cabbage Carrots Pineapple Juice Fruited Gelatin	2 BBQ Pork Green Beans Potato Salad Pudding	3 Seafood Salad Croissant Pasta Salad Coleslaw Fruit	4 <p style="text-align: center;">Independence Day Holiday</p> <p style="text-align: center;">No Meal Delivery</p>	5 Hot Dog Baked Beans Carrots Cookie Apple Juice

Meals on Wheels Telephone Number: 488-9119

NOTE: 1/2 pint of milk served with each meal

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COLD EVENING MEAL - *This meal cannot be ordered in place of the hot reheatable noon meal*

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese 3 Pickled Beets Tropical Fruit Wheat Bread	Roast Beef & Provolone 4 Corn Relish Cereal Bar Wheat Bread	Ham & Swiss 5 Tossed Salad Brownie Rye Bread	Chicken Salad 6 Mediterranean Salad Peaches Wheat Bread	Bologna & Cheese Vegetable Juice Fruit Cocktail Wheat Bread
Omelet 10 Orange Juice Muffin Loaf	Sliced Turkey 11 Carrot-Raisin Salad Pears Wheat Bread	Tuna Salad 12 Coleslaw Pineapple Wheat Bread	Salami & Cheese 13 Marinated Vegetables Fruit Cocktail Wheat Bread	Egg Salad 14 Orange Juice Cereal Bar Wheat Bread
Seafood Salad 17 Pasta Salad Mandarin Orange Croissant	18 Peanut Butter & Jelly Apple Juice Donut Wheat Bread	19 Roast Beef Macaroni Salad Plums Rye Bread	Sliced Ham 20 Three-Bean Salad Yogurt Wheat Bread	Chicken Salad 21 Green Pea Salad Cookie Wheat Bread
Sliced Turkey 24 Pickled Beets Pudding Wheat Bread	25 Cold Meatloaf Cucumber Salad Banana Wheat Bread	26 Ham Salad German Potato Salad Fruit Cocktail Wheat Bread	27 Egg Salad Copper Carrot Salad Muffin Loaf Wheat Bread	28 Tuna Salad Cheesy Macaroni Salad Peaches Wheat Bread
July 1 Cold Cut Sub Three-Bean Salad Donut Bun	2 Turkey & Cheese Pickled Beets Tropical Fruit Wheat Bread	3 Roast Beef & Provolone Corn Relish Cereal Bar Wheat Bread	4 Independence Day Holiday No Meal Delivery	5 Chicken Salad Mediterranean Salad Peaches Wheat Bread

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