

CHAUTAUQUA COUNTY SENIOR NUTRITION PROGRAM

HEATABLE Meal for AUGUST 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
July 29 Souper Chicken Mashed Potatoes Mixed Vegetables Cookies	30 Spanish Rice Carrots Pineapple Juice Cornbread Fruited Gelatin	31 BBQ Pork Green Beans Potato Salad Pudding	August 1 Seafood Salad Croissant Pasta Salad Coleslaw	2 Hawaiian Chicken with Pineapple Buttered Rice Peas Mandarin Orange
5 Hot Dog Baked Beans Carrots Cookie Apple Juice	6 Meatloaf & Gravy Mashed Potatoes Squash Medley Pound Cake	7 Ham Salad on Shredded Lettuce Three Bean Salad Potato Salad Fruit Rye Bread	8 Vegetable Lasagna Spinach Grape Juice Pudding	9 Italian Sausage Italian Vegetables Macaroni Salad Hot Apple Slices
12 Chicken Cordon Bleu Mashed Potatoes Beets Muffin Loaf	13 Sloppy Joe Corn Potato Salad Applesauce	14 Ham Slice Scalloped Potatoes Green Beans Cookie	15 Pot Roast & Gravy Mashed Potatoes Carrots Fruited Gelatin	16 Cottage Cheese and Pineapple Sliced Peaches Muffin
19 Chicken Drumsticks Broccoli Potato Salad Cornbread Fruit	20 Spaghetti & Meatballs Grape Juice Italian Bread 24-hr Fruit Dessert	21 Cheeseburger Calico Beans Carrots Fruit Punch Lorna Doones	22 Lettuce with Cherry Tomatoes Diced Ham & Turkey Hard Boiled Egg Pound Cake Juice	23 Chicken Fingers Zucchini & Tomatoes Coleslaw Biscuit
26 Pizza Italian Vegetables Grape Juice Fruit Crisp	27 Souper Chicken Mashed Potatoes Mixed Vegetables Cookies	28 Stuffed Cabbage Carrots Pineapple Juice Fruited Gelatin	29 BBQ Pork Green Beans Potato Salad Pudding	30 Seafood Salad Croissant Pasta Salad Coleslaw Fruit

Meals on Wheels Telephone Number: 488-9119

NOTE: 1/2 pint of milk served with each meal

CHAUTAUQUA COUNTY SENIOR NUTRITION PROGRAM *AUGUST 2019*

COLD EVENING MEAL - *This meal cannot be ordered in place of the hot reheatable noon meal*

Monday	Tuesday	Wednesday	Thursday	Friday
29 Tuna Salad Cheesy Macaroni Salad Peaches Wheat Bread	30 Cold Cut Sub Three-Bean Salad Cereal Bar Bun	31 Turkey & Cheese Pickled Beets Tropical Fruit Wheat Bread	August 1 Roast Beef & Provolone Corn Relish Small Donut	2 Ham & Swiss Tossed Salad Brownie Rye Bread
5 Chicken Salad Mediterranean Salad Peaches Wheat Bread	6 Bologna & Cheese Vegetable Juice Fruit Cocktail Wheat Bread	7 Omelet Orange Juice Muffin Loaf	8 Sliced Turkey Carrot-Raisin Salad Pears Wheat Bread	9 Tuna Salad Coleslaw Pineapple Wheat Bread
12 Salami & Cheese Marinated Vegetables Fruit Cocktail Wheat Bread	13 Egg Salad Orange Juice Cereal Bar Wheat Bread	14 Seafood Salad Pasta Salad Mandarin Orange Croissant	15 Peanut Butter & Jelly Apple Juice Donut Wheat Bread	16 Roast Beef Macaroni Salad Plums Rye Bread
19 Sliced Ham Three-Bean Salad Yogurt Wheat Bread	20 Chicken Salad Green Pea Salad Cookie Wheat Bread	21 Sliced Turkey Pickled Beets Pudding Wheat Bread	22 Cold Meatloaf Cucumber Salad Banana Wheat Bread	23 Ham Salad German Potato Salad Fruit Cocktail Wheat Bread
26 Egg Salad Copper Carrot Salad Muffin Loaf Wheat Bread	27 Tuna Salad Cheesy Macaroni Salad Peaches Wheat Bread	28 Cold Cut Sub Three-Bean Salad Cereal Bar Bun	29 Turkey & Cheese Pickled Beets Tropical Fruit Wheat Bread	30 Roast Beef & Provolone Corn Relish Donut Wheat Bread

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